

Year 7 and 8 Subject Handbook

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General Information

Kingsway students in Years 7 and 8 will all take part in the following compulsory subjects:



Students are also required to take a Second Language in Years 7 and 8. At Kingsway the options are French and Italian. Students can continue with French beyond Year 8 through to Year 12. Italian does not run after Year 8.

Students are also required to pick at least one subject from the following electives:



Finally, students may pick from a range of optional electives:



Each of the subjects that run in Years 7 and 8 are described in more detail in the following pages



YEAR 7

COMPULSORY SUBJECTS

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In Year 7 the students study three different biblical themes from the following;

- How to Read the Bible,
- Mistaken Identity the Gospel of Mark,
- Finding Your Way The big story of the bible
- Another Dimension The Sermon on the Mount.

All of the Year 7 students are involved with our Peer Support program in Term 1. This program is run by our Year 10 leaders with the year 7 students in small group work with the aim to help the Year 7s transition well into the high school environment.





The English curriculum is built around the three interrelated strands of language, literature and literacy. Together, the strands focus on developing students' knowledge, understanding and skills in listening, reading, viewing, speaking, writing and creating.

Students engage with a variety of texts for enjoyment. They listen, read, view, interpret, evaluate and perform a range of spoken, written and multimodal texts in which the primary purpose is aesthetic, as well as texts designed to inform and persuade. These include various types of media texts, are influenced by context, purpose and audience.

Students create a range of imaginative, informative and persuasive types of texts, for example narratives, procedures, performances, reports and discussions, and are beginning to create literary analyses and transformations of texts.





History

The focus of the Year 7 course is the Ancient World. Students first look at how historians and archaeologists investigate history, including archaeological and written sources; and the importance of conserving the remains of the ancient past, including the heritage of Aboriginal and Torres Strait Islander Peoples. Students then explore Ancient China as a case study example of an Ancient world, focusing on aspects such as social customs and structures, everyday life, law and religion.

Economics & Business

The Year 7 course focuses on 'Producing and Consuming'. Students will explore the relationship between consumers and producers; how prices are determined; why people work, and different ways people can earn income.

Geography

Students focus on water as an example of a renewable environmental resource, learning about how it is used, its importance to communities, and issues societies encounter in terms of water availability. They also explore the concept of liveability – what makes communities liveable, and what can be done to enhance them.

Civics And Citizenship

Students explore the Australian Constitution; how power is distributed in our political system; the structure of our parliamentary system, how the constitution can be changed, and how our legal system aims to provide justice.





Number and Algebra

Students solve problems involving the comparison, addition and subtraction of integers. They make the connections between whole numbers and index notation and the relationship between perfect squares and square roots. Students use fractions, decimals and percentages, and their equivalences. They express one quantity as a fraction or percentage of another. Students solve problems involving percentages and all four operations with fractions and decimals. They compare the cost of items to make financial decisions. Students represent numbers using variables. They connect the laws and properties for numbers to algebra. Students assign ordered pairs to given points on the Cartesian plane. They interpret simple linear representations and model authentic information. Students solve simple linear equations and evaluate algebraic expressions after numerical substitution.

Measurement and Geometry

Students describe different views of three-dimensional objects. They represent transformations in the Cartesian plane. Students solve simple numerical problems involving angles formed by a transversal crossing two lines. They use formulas for the area and perimeter of rectangles and calculate volumes of rectangular prisms. Students classify triangles and quadrilaterals. They name the types of angles formed by a transversal crossing parallel lines.

Statistics and Probability

Students identify issues involving the collection of continuous data. They construct stem-and-leaf plots and dot plots. Students describe the relationship between the median and mean in data displays. They calculate mean, mode, median and range for data sets. Students determine the sample space for simple experiments with equally likely outcomes and assign probabilities to those outcomes.





Year 7 Science aims to provide a transition from Primary Science into Secondary Science, thus providing adequate preparation for secondary school studies. Scientific invention and exploration by their very nature play a significant role in our society and affect our scientific thought processes and decisions. Year 7 Science is an interactive and practical subject. The student will have the opportunity to engage in scientific projects, discussion, constructing scientific models and engage in laboratory experiments which may be undertaken independently and co-operatively with others. The subject focuses on the following four Sciences:

- 1. Physical Change to an object's motion is caused by the effect of unbalanced forces acting on the object. Earth's gravity pulls objects toward the center of the Earth.
- 2. Chemical The student will learn mixtures, including solutions containing a combination of pure subtances which can be separated using a range of techniques.
- 3. Biological The student will classify and investigate the differences betweeen groups of organisms. The student becomes more aware that human activity can affect these interactions.
- 4. Earth and Space The student will learn how the Sun, Earth and Moon affect the seasons, eclipses and other phenomena. The student further investigates renewable and non-renewable resources.





Health and Physical Education is a compulsory key learning area that students from Years 7 to 10 will study for 3 x forty minute periods each week. Health and Physical Education aims to address the cognitive, social, emotional, physical and spiritual development of students. It provides opportunities for the student to learn about and practice ways of adopting and maintaining a healthy, productive and active life. It also provides the student the opportunity to learn through movement experiences that are both challenging and enjoyable. This subject should improve the student's capacity to move with skill and confidence in a variety of contexts. It promotes the value of physical activities in their lives.

The practical content will cover the following sports, however other sports may be included depending on the availability of facilities:

Ultimate Frisbee, Touch Rugby, Athletics, Soccer, Soft Crosse

In the theory component of the course, the students will cover the following topics:

- 1. Myself and Others
- 2. Values
- 3. Relating Skills
- 4. Bullying
- 5. Resilience
- 6. Fit & Healthy
- 7. How My Body Works
- 8. Basic Nutrition





Year 7 Digital Technologies is a semester-long course which focuses on the development and understanding of skills in computational thinking, such as decomposing problems, and engages students with a wider range of information systems.

It seeks to broaden students' experiences and involvement in national, regional, and global activities as they work individually and in groups. Students explore the properties of networked systems and acquire data from a range of digital sources. This course contains both practical and theoretical elements where students are engaged in programming tasks using Scratch and data projects using Excel.



SECOND LANGUAGES

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Through the study of a language other than English, students gain a better knowledge of their language, increase their self-confidence, learn to understand and appreciate people of a different culture and broaden their career opportunities.

Students starting French in Year 7 can continue to Year 12. It is a beginner's course accessible to all students whether they have studied French at Primary School or not.

The students work with cutting-edge task-based methodology. This includes collaborative learning activities, digitally enhanced student eBooks, multimedia resources, access to an online platform with interactive activities as well as videos on the life of French middle school students. Students become immersed in authentic French language and culture.

Themes and skills covered:

- Recognizing our linguistic and cultural knowledge in French.
- Getting acquainted
- Music fans
- One big family
- Let's move it!

Students are also encouraged to communicate with French students from our sister school via letters and/or emails.

Students will take part in a French Breakfast, using their language skills to order and taste French food. They will also take part in Language Week Activities, feast of food and special events.

Students will be introduced to the French film industry as well as audiobooks. Students will learn how to use the internet to expand their knowledge of vocabulary and grammar.





Students communicate in Italian, initiating and participating in spoken and written interactions with peers and known adults to talk about, give opinions, share thoughts and feelings on people, social events and school experiences.

They engage in tasks and activities that involve planning, negotiating arrangements and participating in transactions. Students access and summarise key information and supporting details from texts. They organise and present information and ideas on texts, using descriptive and expressive language and modes of presentation to suit different audiences and contexts. Students respond to a range of imaginative texts by expressing opinions about the themes, values and techniques used to engage audiences. They create and present simple imaginative texts such as songs or stories that involve imagined characters, places and experiences.



COMPULSORY ELECTIVES



DESIGN & TECHNOLOGY (FOOD, TEXTILES Woodwork)

Course Description

Food

Year 7 Foods is a semester-long course. This practical course teaches students the basics of cooking and preparation in the kitchen. Students will: cook and prepare a range of delicious dishes, learn about healthy eating and why it is important for our bodies to eat healthily, use the technology process to develop their own recipe, and learn about hygiene and safety in the kitchen. Parents, please be aware that while we endeavor to meet the specific dietary requirements of students, we may not be able to cater to all food preferences or allergies.

Textiles

Year 7 Textiles is a semester-long course. This practical course teaches students the basics of sewing. They will make a pencil case, boxer shorts, and some other small projects. Textiles is a subject where students can be creative and learn valuable life skills. In this course, students will learn how to use a sewing machine and iron, basic sewing construction techniques, and how to use embroidery machines to write their name on fabric.

Woodwork

Year 7 Woodwork is an introductory elective for students with limited experience in construction. Students are introduced to the principles and practices of design for manufacturing a range of products. Throughout the process, students learn about materials, including their origins, classifications, properties, and suitability for various purposes. They also develop relevant technological process skills while producing simple timber products, such as a fruit basket or pencil box.

PERFORMING ARTS (DANCE, DRAMA, MUSIC)

Course Description

Dance

Dance is dynamic and energetic, providing a unique way to express ideas and emotions. In this semesterlong course, students will explore Jazz, Street, and Contemporary dance styles. Through practical lessons, students will develop various dance techniques and create their own routines. Additionally, the course offers an opportunity to learn about different cultures and understand how dance can shape personal, social, and cultural identities. This course is open to all students, regardless of prior dance experience.

Drama

In this semester-long course, Year 7 Drama students will engage in planning, developing, and presenting dynamic and collaborative performances. Emphasizing effective communication and teamwork, the course introduces students to essential drama language and skills, including improvisation, vocal techniques, and physical expression. Students will collaborate to create and perform their own dramatic pieces, with a focus on various performance styles such as Mime and Ritual Theatre. Students will develop reflective processes incorporated in their work that will develop their critical thinking skills. This course offers a valuable opportunity to develop dramatic talents and enjoy the creative process of self-expression and collaboration.

Music

In this course, students will focus on learning and understanding music through exploring and performing together. They will develop their aural (listening), music theory and practical skills through a hands-on approach. We subscribe to an online music resource (MusicEdu) that has lots of interesting units that all include some music theory, performance and creativity. Some of the units covered include music in films, DJ-ing, Game Music and Piano Keyboard skills. Much of the creative work is done using our Music Lab digital audio workstations and allows for students to explore both loops (pre prerecorded sound samples) as well as recording their own playing. Students also get to make music in small groups together within each class. Students who learn instruments through the school are expected to select class music as part of their options to reinforce their music skills.





Media Arts

In this semester-long course, Year 7 Media students will explore the dynamic world of media through print and television advertising as well as animation. The course involves creating a marketing campaign for a new product concept, providing insight into the impact of media on society. Students will be introduced to the basic communication model, investigate various perspectives in contemporary media, and engage in planning and producing their own media projects. Students will work both individually and collaboratively, adhere to timelines, and apply processes and strategies to ensure the safe and responsible use of media equipment. This course offers a valuable opportunity to develop their media skills and gain a deeper understanding of media's role in our world.

Visual Arts

In this creative elective, students will immerse themselves in the world of visual art, where they will learn to use art language and techniques to make their own artworks. Students will create both 2D pieces like drawings and prints, as well as 3D projects, all while exploring how to express themself and understand how art is put together. Students will also focus on safe art practices and how to display their work for better audience understanding. Along the way, they will discover the cultural, social, and historical backgrounds of different art styles and see how they influence their own creations. Studio areas that are explored in the is semester-long course include Drawing, Design Development, Printmaking, and Sculpture.

OPTIONAL ELECTIVES

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Basketball is a popular team sport played by many of our current students. Our programme aims to develop the skills required for success in the game, and the strength and conditioning required to increase fitness levels and reduce the risk of injuries. We work on developing teamwork, interpersonal skills, and the theoretical concepts behind the game.

Kingsway is in partnership with Coach Andy Stewart and his team from Coaching Hoops and provide expert coaching as an option that can be taken within a student's regular timetable.

Former assistant coach to the Perth Wildcats and head coach of the Perth Lynx, Andy Stewart is one of Australia's finest basketball coaches, specialising in communication skills and elements of the game to both young and old. He has had experience coaching at a State, National and International level, coaching men, women, and juniors, and is a recent inductee into the Basketball WA Hall of Fame.

The students will complete studies in both the theoretical and practical components of the game of Basketball. Coaching sessions will be run at either Kingsway Indoor Stadium or on the College's basketball facilities. Students will get three sessions a week of basketball, two of which will be practical sessions with Coach Andy. One of these will be on a Thursday morning before school and the other will be set during their timetabled double period. The single allocated period will be at school where students will cover aspects such as sports nutrition, strength, and conditioning, as well as personal skills practice sessions.

Please note that this course incurs an additional cost.

Course Recommendations

It is recommended, but not a requirement that students who enter this course have some theory and practical skills and experience in basketball.

School Liaison - Mr Paul Whitby / Mr Matthew Elliott

External Provider - Coach Andy Stewart (Coaching Hoops)



Sport and Recreation is an elective course for one semester that is available for selection in either Semester 1 or Semester 2. It is 3×40 minute periods each week and students will be introduced to a variety of outdoor and recreational pursuits. This course will cover activities such as rock climbing, self-defense, ten pin bowling and orienteering.

Please note that this course incurs an additional cost for the semester.





The STEAM elective is the Gifted and Talented program for Year 7 and Year 8.

Entry into this elective will be by invitation only.

'STEAM' is the abbreviation for Science, Technology, Engineering, Arts and Mathematics, and students will have one single lesson and one double lesson per week in this class.

The aim of the program is to provide students with hands-on learning experiences that will help them to learn about the world around them. The benefits of STEAM education are endless. It fosters ingenuity and creativity and builds resilience in students. It encourages experimentation, the application of knowledge and teamwork. It also encourages the use of technology and teaches problem-solving skills. Students also learn to apply what they have learned in a variety of situations.

Every term the focus will be on a specific project, and students will be assessed according to the School Assessment Policy. The projects will be based around Science, Maths, The Arts and Engineering, and will incorporate Technology and in all the projects.

Students will also be entered into competitions that are based on STEAM/STEM Education as part of the program.





YEAR 8

COMPULSORY SUBJECTS

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In Year 8 the students study four different biblical themes

- The Psalms, Jesus: Historical and Radical
- TeenFreedom a Your Choicez program discussing personal and social topics such as anger
- The value of a human being, consent
- War of the Spirit World a look at the connection between the God's space and human's space.



The English curriculum is built around the three interrelated strands of language literature and literacy. Together, the strands focus on developing students' knowledge, understanding and skills in listening, reading, viewing, speaking, writing and creating.

Students engage with a variety of texts for enjoyment. They listen, read, view, interpret, evaluate and perform a range of spoken, written and multimodal texts in which the primary purpose is aesthetic, as well as texts designed to inform and persuade. These include various types of media texts including newspapers, magazines and digital texts, early adolescent novels, non-fiction, poetry and dramatic performances. Students develop their understanding of how texts, including media texts, are influenced by context, purpose and audience. Students create a range of imaginative, informative and persuasive types of texts, for example narratives, procedure, performances reports and discussions, and are beginning to create literary analyses and transformations of texts.





History

The focus of this course is the Medieval period. Students explore the nature of Medieval Europe, including the feudal system, changes in military technology, the role of the church, and the impact of the Black Death.

Geography

Students look at landforms and landcapes, focusing particularly on geomorphic processes, and how they contribute to natural hazards such as Earthquakes, Volcanoes and Tsunamis. They also explore the way in urbanisation and migration are impacting on countries, through a study of the causes and consequences of urbanisation in Australia and one other country from the Asia region.

Economics and Business

Students build on the knowledge gained in Year 7 to look at the relationship between supply and demand; the role of the Government in the economy; different types of business ownership; consumer rights; and the changing nature of the world of work.

Civics and Citizenship

Students explore the freedoms that enable active participation in Australia's democracy, including freedom of speech, association, assembly, religion and movement. They also learn how citizens can participate in Australia's democracy; different types of laws and how they are made in Australia; and different perspectives about Australia's national identity.



Number and Algebra

Students solve everyday problems involving rates, ratios and percentages. They describe index laws and apply them to whole numbers. Students describe rational and irrational numbers. They solve problems involving profit and loss. Students make connections between expanding and factorising algebraic expressions. They use efficient mental and written strategies to carry out the four operations with integers. Students simplify a variety of algebraic expressions. They solve linear equations and graph linear relationships on the Cartesian plane.

Measurement and Geometry

Students solve problems relating to the volume of prisms. They make sense of time duration in real applications. Students identify conditions for the congruence of triangles and deduce the properties of quadrilaterals. They convert between units of measurement for area and volume. Students perform calculations to determine perimeter and area of parallelograms, rhombuses and kites. They name the features of circles and calculate the areas and circumferences of circles.

Statistics and Probability

Students model authentic situations with two-way tables and Venn diagrams. They choose appropriate language to describe events and experiments. Students explain issues related to the collection of data and the effect of outliers on means and medians in that data. They determine the probabilities of complementary events and calculate the sum of probabilities.





Year 8 Science provides the student with the foundation for secondary school studies. Scientific invention and exploration by their very nature play a significant role in our society and affect our scientific thought processes and decisions. Year 8 Science is a practical subject. The student will have the opportunity to manipulate materials, use science equipment, interact co-operatively with others and communicate ideas. Enhanced student performance is encouraged as the student becomes more engaged in areas of interest and their own learning. The subject focuses on the following four sciences:

- 1. Physical the student will further their knowledge of kinetic, heat and potential energy.
- 2. Chemical the student will examine the properties of different states of matter to explainmotion and the arrangement of particles. The student will be provided with the opportunity engage in chemical experiments involving substances reacting to form new substances.
- 3. Biological the student should understand their biology and that of other living things and recognise the interdependence of life.
- 4. 4.Earth and Space the student will learn about sedimentary, igneous and metamorphic rocks.The student also investigates how these rocks were formed over time.





Health and Physical Education is a compulsory key learning area that all students from Years 7 to 10 will study for 3 x forty minute periods each week. The focus for Year 8 Health and Physical Education is personal awareness and ownership. The subject provides students with the opportunity to consider decisions relevant to leading physically active and healthy lives as they move from childhood to adulthood.

The practical content will cover the following sports, however other sports may be included depending on the availability of facilities:

Cricket, Netball, Athletics, AFL, Basketball

In the theory component of the course, the students will cover the following topics:

- 1.Stress
- 2.Mental Health
- 3.Personal Safety
- 4.Cybersense
- 5. Active Lifestyles
- 6.Smoking
- 7. Changing and Growing
- 8. Disability in Sport





In Year 8 Digital Technologies, students deepen their computational thinking skills, including problem decomposition, while engaging with a broader range of information systems.

They create solutions using programming languages like Scratch and Python and explore networked systems for data transmission. Students work with structured data, modelling real-world objects and events, and learn about the complexities of data storage and transmission.

SECOND LANGUAGES

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Through the study of a language other than English, students gain a better knowledge of their language, increase their self-confidence, learn to understand and appreciate people of a different culture and broaden their career opportunities.

Students starting French in Year 7 can continue to Year 12. It is a beginner's course accessible to all students whether they have studied French at Primary School or not.

The students work with cutting-edge task-based methodology. This includes collaborative learning activities, digitally enhanced student eBooks, multimedia resources, access to an online platform with interactive activities as well as videos on the life of French middle school students. Students become immersed in authentic French language and culture.

Themes and skills covered:

- Recognizing our linguistic and cultural knowledge in French.
- Getting acquainted
- Music fans
- One big family
- Let's move it!

Students are also encouraged to communicate with French students from our sister school via letters and/or emails.

Students will take part in a French Breakfast, using their language skills to order and taste French food. They will also take part in Language Week Activities, feast of food and special events.

Students will be introduced to the French film industry as well as audiobooks. Students will learn how to use the internet to expand their knowledge of vocabulary and grammar.





Students communicate in Italian, initiating and participating in spoken and written interactions with peers and known adults to talk about, give opinions, share thoughts and feelings on people, social events and school experiences.

They engage in tasks and activities that involve planning, negotiating arrangements and participating in transactions. Students access and summarise key information and supporting details from texts. They organise and present information and ideas on texts, using descriptive and expressive language and modes of presentation to suit different audiences and contexts. Students respond to a range of imaginative texts by expressing opinions about the themes, values and techniques used to engage audiences. They create and present simple imaginative texts such as songs or stories that involve imagined characters, places and experiences.



COMPULSORY ELECTIVES





Foods

Year 8 Foods is a practical elective and focuses on basic skills in food preparation, running for a semester. Students will be introduced to hygiene and safety practices in the kitchen and will have the opportunity to use various technologies as they apply to the food production process. The elective will also cover recipe reading, organizational skills, time management, and basic nutritional requirements for health. A variety of delicious foods will be prepared to develop a basic range of food preparation skills. Foods suitable for breakfast, lunch, dinner, and snacks will be prepared. Students will use the technology process to design, make, and evaluate food products to meet specific needs and preferences. Parents, please be aware that while we Endeavor to meet the specific dietary requirements of students, we may not be able to cater to all food preferences or allergies.

Textiles

In Textiles classes, students will learn a variety of skills that foster creativity while making fun textile products. Both beginners and experienced sewers are welcome. Through sewing projects and theory lessons, they will learn how to use a sewing machine and iron to make quality products, sewing construction techniques, and how to read a pattern. Studying Textiles will also help students develop creativity, hand-eye coordination, and the ability to visualize projects in 3D—skills essential for occupations such as engineering, surgery, dressmaking, fashion design, and interior design.

Woodwork

In Year 8 Woodwork, students explore various technologies and materials, focusing on design and production. Students will construct simple projects using a range of materials, such as wood and plastic. To complete these projects, they will be introduced to a variety of hand tools and learn their different functions, including how to select the correct tool for a specific purpose. They will also investigate the materials used for their projects and develop safe working habits.

PERFORMING ARTS (DANCE, DRAMA, MUSIC)

Course Description

Dance

Dance is a form of expression that has evolved over time, serving various roles in society. In this semester long course, students learn about the historical, social, and cultural contexts of dance while building confidence and skills in body awareness, technique, and performance. The curriculum includes genres like Jazz, Street, and Contemporary dance, and encourages creativity through dance-making activities. The program is open to all students, regardless of prior experience.

Drama

In this semester-long course, Year 8 Drama students will engage in planning, developing, and presenting dynamic and collaborative performances. Emphasizing effective communication and teamwork, the course builds foundational skills for students that include: essential drama language and skills, extended improvisation, vocal techniques, and physical expression. Students will collaborate to create and perform their own dramatic pieces, with a focus on various performance styles such as Reader's Theatre and Children's Theatre. Students will develop reflective processes incorporated in their work that will develop their critical thinking skills. This course offers a valuable opportunity to develop dramatic talents and enjoy the creative process of self-expression and collaboration.

Music

In this course, students will focus on learning and understanding music through exploring and performing together. They will develop their aural (listening), music theory and practical skills through a hands-on approach. We subscribe to an online music resource (MusicEdu) that has lots of interesting units that all include some music theory, performance and creativity. Some of the units covered include music in films, DJ-ing, Game Music and Piano Keyboard skills. Much of the creative work is done using our Music Lab digital audio workstations and allows for students to explore both loops (pre prerecorded sound samples) as well as recording their own playing. Students also get to make music in small groups together within each class. Students who learn instruments through the school are expected to select class music as part of their options to reinforce their music skills.





Media Arts

In this semester-long course, Year 8 Media provides the students the opportunity to develop photography, their critical thinking and analysis skills, their application of media codes, conventions and use of the media language. Students have the opportunity, through the unit of introduction to DSLR photography, to develop competencies which equip them with important foundation media techniques. These include composition, lighting, use of Adobe Photoshop and an introduction to Adobe Premiere editing software. Students will work both individually and collaboratively, adhere to timelines, and apply processes and strategies to ensure the safe and responsible use of media equipment. This course offers a valuable opportunity to develop their media skills and gain a deeper understanding of media's role in our world.

Visual Arts

In this creative elective, students will immerse themselves in the world of visual art, where they will learn to use art language and techniques to make their own artworks. Students will create both 2D pieces like drawings and prints, as well as 3D projects, all while exploring how to express themself and understand how art is put together. Students will also focus on safe art practices and how to display their work for better audience understanding. Along the way, they will discover the cultural, social, and historical backgrounds of different art styles and see how they influence their own creations. Studio areas that are explored in the is semester-long course include Drawing, Design Development, Printmaking, and Sculpture.



OPTIONAL ELECTIVES

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Mechatronics, often known as Robotics, is a semester-long course which deals with the exciting and developing field which integrates mechanical, electronic and software engineering. Mechatronics deals with a wide range of real life situations, including applications such as mining, drones, and remote rovers. This course contains practical and theoretical elements where students engage in programming tasks using Scratch and Lego Mindstorms while building mechatronic devices using the Lego NXT system and other robotic devices. The students work individually and in groups to design, construct, code, test and evaluate their projects.



Basketball is a popular team sport played by many of our current students. Our programme aims to develop the skills required for success in the game, and the strength and conditioning required to increase fitness levels and reduce the risk of injuries. We work on developing teamwork, interpersonal skills, and the theoretical concepts behind the game.

Kingsway is in partnership with Coach Andy Stewart and his team from Coaching Hoops and provide expert coaching as an option that can be taken within a student's regular timetable.

Former assistant coach of the Perth Wildcats and head coach of the Perth Lynx, Andy Stewart is one of Australia's finest basketball coaches, specialising in communication skills and elements of the game to both young and old. He has had experience coaching at a State, National and International level, coaching men, women, and juniors, and is a recent Hall of Fame Inductee into the Basketball WA Hall of Fame

The students will complete studies in both the theoretical and practical components of the game of Basketball. Coaching sessions will be run at either Kingsway Indoor Stadium or on the College's basketball facilities. Students will get three sessions a week of basketball, two of which will be practical sessions with Coach Andy. One of these will be on a Thursday morning before school and the other will be set during their timetabled double period. The single allocated period will be at school where students will cover aspects such as sports nutrition, strength, and conditioning, as well as personal skills practice sessions. Please note that this course incurs an additional cost.

Course Recommendations

It is recommended, but not a requirement that students who enter this course have some theory and practical skills and experience in basketball.

School Liaison - Mr Paul Whitby / Mr Matthew Elliott

External Provider – Coach Andy Stewart (Coaching Hoops)



Sport and Recreation is a year-long option for students in Year 8. It is 3 x forty minute periods each week. This course will introduce students to a variety of outdoor and recreational pursuits.

- The course will cover activities such as: Swim and Survive Lifesaving, which looks at water awareness in different environments and various rescue techniques
- Ninja Academy skills, developing skills and techniques for use on obstacle courses such as those seen on TV shows like Australian Ninja Warrior
- Squash
- Disc Golf and Ultimate Frisbee
- Bootcamp
- Orienteering
- Surfing

This course will lead towards a pathway of Sport Science or Sport & Recreation in Year 9 and 10.

A prerequisite of this course is that students MUST be able to swim at least 300m in a pool and 50m in the ocean. Students will complete a swim test at the beginning of the course to asswss their suitability for the course.

Please note that this course incurs an additional cost for the full year.





The STEAM elective is the Gifted and Talented program for Year 7 and Year 8.

Entry into this elective will be by invitation only.

'STEAM' is the abbreviation for Science, Technology, Engineering, Arts and Mathematics, and students will have one single lesson and one double lesson per week in this class.

The aim of the program is to provide students with hands-on learning experiences that will help them to learn about the world around them. The benefits of STEAM education are endless. It fosters ingenuity and creativity and builds resilience in students. It encourages experimentation, the application of knowledge and teamwork. It also encourages the use of technology and teaches problem-solving skills. Students also learn to apply what they have learned in a variety of situations.

Every term the focus will be on a specific project, and students will be assessed according to the School Assessment Policy. The projects will be based around Science, Maths, The Arts and Engineering, and will incorporate Technology and in all the projects.

Students will also be entered into competitions that are based on STEAM/STEM Education as part of the program.

