

KINGSWAY CAFÉ MENU – TERM 1 2024

FRESH

● Red or Green Apple GF V	\$1.50
● Quikes Baby Cucumber GF V	\$2.00
● Snackable Carrots GF V	\$2.00
● Cherry Tomato GF V	\$2.00
● Petite Salad GF V	\$3.50
● Simple Fruit Salad GF V	\$2.50 \$3.50

SNACKS

● Assorted Yoghurts GF V	\$3.00
● Cheese and Crackers v	\$4.00
● Roast Potato Wedges GF V	\$3.00
● Grilled Banana Bread and Butter v	\$2.00
● Dips, Dolmades, Crudites GF V	\$5.50
● Sliced Seasonal Fruit GF V	\$5.00

KCC SUSHI Tues, Thurs

● Tuna GF	\$5.00	\$6.50	● Katsu Chicken GF	\$5.00	\$6.50
-----------	--------	--------	--------------------	--------	--------

SANDWICHES GF/Salad/ Wrap

● Vegemite v	\$3.00
● Jam v	\$3.00
● Cheese v	\$3.50
● Ham	\$4.00
● Ham, Cheese and Tomato	\$5.00

TOASTIES Gluten Free

● Cheese v	\$4.00
● Ham and Cheese	\$4.50
● Chicken	\$5.00
● Tuna	\$5.00
● Bacon and Egg	\$5.00

PRIMARY SCHOOL all \$5.50

Monday

● Ham and Pineapple Pizza v	or	● Vegetable Fried Rice GF V
-----------------------------	----	-----------------------------

Tuesday

● Nacho Dippers GF	or	● Mac and Cheese v
--------------------	----	--------------------

Wednesday

● Beef Lasagne GF	or	● Margarita Pizza v
-------------------	----	---------------------

Thursday

● Penne Napolitaine v	or	● Butter Chicken GF
-----------------------	----	---------------------

Friday

● Chicken Nuggets, Wedges GF	or	● Vegetarian Lasagne v
------------------------------	----	------------------------

All Week

● Lite Sausage Rolls \$4.00	● Beef Cruiser Pie \$4.50
-----------------------------	---------------------------

DRINKS

● Water	\$2.00	● 100% Fruit Juice Box	\$2.00
● Up and Go	\$3.00	● Waterford's	\$3.00
● Juice Bomb	\$3.00	● Lite' Lipton Iced Tea	\$4.00
● Plain Milk	\$2.00 \$3.50	● Browne's Milk	\$3.50 \$5.00

SWEETS

● Icy Poles GF V	\$1.00	● Froyo GF V	\$3.00
● Cookies v	\$2.00	● Nippys GF V	\$1.50

The Western Australian Dept of Education has implemented the Healthy Food and Drink (HFD) Policy in schools and is reliant on a healthy and active lifestyle.

● Green – Encourage/Promote

● Amber – Select carefully in small serves

● Red – not available.

GF- Gluten Free V Vegetarian

Café opens 8.00am/ Limited Number May Apply/ Orders by 9.00am

KINGSWAY CAFÉ MENU – TERM 1 2024

WEEK 1/4/7

ALL \$6.50

MONDAY

Tuscan Style Roast Chicken, Panzanella Bread Salad, White Bean Puree GF

Penne Napolitana with Rosemary and Garlic Focaccia v

TUESDAY

Fennel and Juniper Roast Porchetta with Apple, Parmesan and Roquette Salad dressed in Balsamic GF

Penne 'Mac and Three Cheese' with Pea Pesto and Herb Crumb v

WEDNESDAY

BBQ Chicken Pizza with Potato Wedges

Hokkien Noodles with Sambal Egg v

THURSDAY

Gluten Free Chicken Caesar Salad with Croutons GF

Beef Nachos with Cheese Sauce, Tomato Salsa, Jalapeno GF

Bean Casserole, Pico de Gallo, Corn Chips and Sour Cream v GF

FRIDAY

Pulled Pork Burger, Cheese, Apple Slaw, Braising Jus GFO

KCC Vegetarian Sushi Rolls GF v

V VEGETARIAN VO

VEGETARIAN OPTION FOR PREORDERS

GF GLUTEN FREE

GFO CAN BE MADE GLUTEN FREE FOR PRE ORDERS

KINGSWAY CAFÉ MENU – TERM 1 2024

WEEK 2/5/8

ALL \$6.50

MONDAY

Sweet and Sour Chicken with Pineapple, Vegetables and Rice GFO

Roast Capsicum and Mushroom Filo Tarts with Dressed Beetroot Leaves v

TUESDAY

Italian Meatball Sub, Gruyere

Penne Pasta in Pink Tomato Sauce, Parmesan and Garlic Pizza v

WEDNESDAY

Glazed Nashville Style Chicken Burger, Cheese and Slaw

Roast Vegetable Burger with Cheese and Pickles v

THURSDAY

Braised Beef Cheeks with Soft Polenta and Gremolata Crumb GF

Charred Ratatouille and Roquette Salad with Feta and Grilled Chicken GF VO

FRIDAY

Indonesian Fried Rice with Egg Curry and Prawn Crackers GFO VO

Cheeseburger, House Made Pickles, Big Mac Sauce

V VEGETARIAN VO

VEGETARIAN OPTION FOR PREORDERS

GF GLUTEN FREE

GFO CAN BE MADE GLUTEN FREE FOR PRE ORDERS

KINGSWAY CAFÉ MENU – TERM 1 2024

WEEK 3/6/9

ALL \$6.50

MONDAY

Tandoori Chicken Skewer, Naan Bread, Natural Yogurt and Kachumber GFO

Singapore Style Egg Noodles v

TUESDAY

Chorizo Sausage Roll, Balsamic Tomato Chutney

Charred Cherry Tomato Bruschetta, Bocconcini, Herbs from our Garden v GFO

WEDNESDAY

Beef Brisket Burger, Slaw, Pickles, Braising Sauce GFO

Ham and Pineapple Pizza with Wedges

Vegan Potato and Rosemary Pizza v

THURSDAY

Penne Bolognese

Penne Pasta in Rose' Sauce, Garlic Parmesan Pizzette v

Tuna Nicoise GF

FRIDAY

Chicken Tikka Masala with Natural Yogurt, Rice Pilaf and Naan Bread GFO

'Etli Nohut' Chickpea Tagine, Rice Pilav and Shepards Salad v GF